Ages 5–8

I Am Special

Name _____ Date _____

Draw a picture of yourself in the frame. Add the things that make you, you!



My name is _____

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All About Me

Finish each star sentence. You can write or draw your answers. Color the stars when you are done!

I am good at...

I love to...

I am a good friend because...

Something brave I did was...

One thing I am learning is...

I am _____ and I am special!

Grown-ups: help your child choose a word like kind, creative, strong, curious, or helpful.

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