Ages 5–8

What Would You Do?

Name _____ Date _____

Read each story with a grown-up. Check the box next to what you would do. Then talk about what might happen next.

1. Alone at recess

Your classmate Maya is sitting by herself at recess. She looks sad.

- ☐ Keep playing and do not look at her
- ☐ Ask Maya if she wants to play with you
- ☐ Tell a teacher that Maya looks sad

What might happen next? _____

2. Oops!

You were playing ball inside and knocked over a cup. It broke.

- ☐ Hide the pieces and say nothing
- ☐ Tell a grown-up what happened and say sorry
- ☐ Say your little brother did it

What might happen next? _____

3. Teasing

Some kids are laughing at another child's shoes and calling them names.

- ☐ Laugh along so they like you
- ☐ Stand with the child who is being teased
- ☐ Tell a teacher or another grown-up

What might happen next? _____

Free to print and share for home and classroom use. © 2026 Ujamaa Publishing.

Ages 5–8

Who Can Help Me?

Grown-ups can help when something is hard. Write or draw four grown-ups you trust.

Name: _____

Name: _____

Name: _____

Name: _____

It is a good idea to ask a grown-up for help when:

- Someone is hurt or might get hurt.
- You feel scared or unsafe.
- Someone is being unkind and it will not stop.
- You do not know what to do.

Free to print and share for home and classroom use. © 2026 Ujamaa Publishing.